



11th September 2026

Dear Parents and Carers,

Apple Class Curriculum Newsletter – Aut 1

Welcome to everybody for an exciting new term. Our overarching theme this term is 'Me and my World'! Please see below for a brief summary of our learning focus in class.

Communication and Interaction

- We will continue to work on each learner's speech and language targets. We are incorporating opportunities to use a variety of communication methods including, visuals, communication boards, objects of reference and signing alongside simple language. This continues to be our core focus to ensure that all children have a preferred method of communication. We have daily Attention Autism sessions focussing on the core word of the week to embed and model key vocabulary. Pupils will also engage in a daily session of functional literacy skills and phonic related activities individually appropriate for each learner.

Maths

- Our Maths topics this term are understanding number, place value and simple addition and subtraction. Every child will be working on their own targets at their own pace. We will be introducing 'Messy Maths' which allows our children to learn in a fun, practical, memorable and 'messy' way. We enjoy sharing daily number rhymes including, 5 Little Speckled Frogs and, Once I caught a fish alive to support our learning.

Literacy and Physical development

- We will be completing a range of fine motor activities including threading, playdough, using pegs and tracing.
- Our key sensory stories this term include, The Gingerbread man, The Three Little Pigs, Goldilocks and the Three Bears and Goldilocks and the 3 Bears.

Personal Development

- This term we are learning to manage our feelings. We are doing this through naming and identifying our emotions alongside implementing the zones of regulation. We will also be building our relationships with each other through turn taking games and play support activities.

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Learning without limits, belonging without barriers.



Outdoor Learning

- We are looking forward to our weekly welly walks. We have a focus each week linked to our text of the week. For example, we are going to look for the 3 Bears linked to our story of Goldilocks.
- The focus this term is 'My travel training'. We will be getting yused to transitioning in and around our classroom and wider school environment safely.

My independence – cooking (no heat)

- We are safely practising the skills of spreading and chopping as well as the importance of washing our hands before handling food.

Expressive Arts and Design (Music and Art)

- We are looking at Sculpture through, Junk Modelling, papier Mache, salt dough and clay.
- In Music we are exploring different instruments, and responding to Music from different cultures and genres through the ages.

My Physical Wellbeing - PE

- We are moving bodies safely from one place to another, changing direction/fast/slow.
- Sensory circuits
- Start/Stop games

Understanding the World

- All about me and my interests
- Me, my family, my friends
- My home.

Our PE day is Wednesday and Welly walks are Fridays. Please bring wellies in a named bag to keep in school for the term.

Thank you for your support. I look forward to a positive term

Kind regards,

Mel Blewett
Apple Class Teacher